



# Joint Replacement Center

Designated as a  
**Blue Distinction® Center**  
for Knee and Hip Replacement



South Carolina  
BlueCross BlueShield of South Carolina  
is an independent member of the  
Blue Cross and Blue Shield Association

**Summer 2015**

## Enjoying Life Again!



After moving to South Carolina to begin his retirement, Horace Jones looked forward to many years of a healthy life. However, the arthritis in his hip was becoming worse. We asked Horace about his hip replacement surgery experience at CMC's Joint Replacement Center.

### **When did you become concerned that you might need a hip replacement?**

I have always been athletic. In fact, I was on the cross country team growing up in Pennsylvania. When I was running all those miles as a young man I would never have believed that one day, I would not be able to run or do the things I wanted to do to stay healthy. The pain in my hip became so intense that I was miserable. I knew it was just a matter of time.

### **What types of activities were the hardest for you to do?**

It hurt to stand, walk, and even sit for any length of time, let alone try to bike, fish or go bowling. My mind wanted to do these things, but my hip told me otherwise. Something had to be done.

### **Had you been under the care of a physician for your hip?**

Yes and no. I saw an orthopedist before I retired in Pennsylvania, and I knew I had arthritis and that it was getting worse. I just thought that if I kept exercising I could strengthen muscles and see improvement. Instead, the arthritis just kept getting worse. I realized that I was really slowing down.

### **How did you hear about the Joint Replacement Center at CMC?**

I did my homework. I knew that if I decided to have the hip replacement, I wanted it to be successful. I heard great things about Dr. Peter Ramsey and the way he did Anterior Hip Replacement. Everything I read said this approach had a quicker recovery time and really good outcomes. I also talked to a lot of people who had hips and knees replaced at CMC and elsewhere, so I felt informed. I researched programs in several states including Pennsylvania and felt like CMC and Dr. Ramsey and the anterior approach was the way to go.

### **How has total hip replacement worked out for you?**

I have my life back. I am bowling again, and even won an award this past season for "Most Improved" bowler. I bike now 4 to 6 miles a day, and I am pain-free. Dr. Ramsey, all the nurses, physical therapy and everyone at my doctor's office and CMC have been great. I could not have asked for better care or a more supportive environment. They really know what they are doing.

### **How important was rehabilitation to your success?**

Rehabilitation after surgery gave me the strength I needed to heal. Every exercise has a purpose, and learning how to do the exercises correctly was really important to me. I wanted to improve each and every day, and the physical therapists at CMC helped me set realistic goals and reach them. I felt safe and confident about using my hip.

### **Do you have any recommendations for individuals who are in need of Joint Replacement?**

Don't wait as long as I did. Last year was so hard, and for what! Once I had the surgery, my life quickly improved and just gets better every day. I am so grateful to have my health again and do the things that are so important to me.

## Ask the Expert Seminars

Join us for an upcoming seminar on the latest advances in joint replacement including the anterior approach to hip replacement, total and reverse shoulder replacement, and new pain management protocols after knee replacement. Fellowship-trained joint replacement surgeons will discuss treatment options as well as answer any questions you might have.

### **Arthritis & the Latest Advances in Joint Replacement - Including Anterior Approach to Hip Replacement**

*Presented by Dr. Bunn*  
**Wednesday, September 16**  
12:00 Noon • CMC's Administrative Services Bldg. Auditorium

*Presented by Dr. Tupis*  
**Monday, October 12**  
12:00 Noon • CMC's Administrative Services Bldg. Auditorium

**A complimentary lunch will be served. Registration is required. Please call 843.347.8108 to register or obtain more information.**

**For more information about the Joint Replacement Center at CMC, please visit us at [www.conwaymedicalcenter.com](http://www.conwaymedicalcenter.com) or call our Director at 843.234.6834.**

## Leading the Way CMC's Patient Portal

In our ongoing effort to improve both quality and accessibility to healthcare services, Conway Medical Center is proud to introduce the CMC Patient Portal. CMC's Patient Portal allows patients to electronically access their medical records at their convenience on any computer, tablet or mobile device that has internet connectivity.

**Access the CMC  
Patient Portal at:  
<https://patient.cmc-sc.com>**

In order to obtain access to the CMC Patient Portal, patients must first register and confirm their account. Once their account is confirmed, patients can login at their convenience to view their medical information. Patient Portal information includes detailed overview of patients' hospital stays as well as a health summary. Patients even have access to Data Portability which enables them to securely transmit information in their Primary Chart section to their health care provider(s).

**If you have any questions regarding the CMC Patient Portal, please contact 843.347.1580.**

## Team Spotlight

### Dr. Kevin Bunn Joins Team



Conway Medical Center's Joint Replacement team is pleased to have Dr. Kevin Bunn on staff. Dr. Bunn is a fellowship-trained joint replacement specialist experienced in all aspects of reconstructive surgery. He has particular interest in primary and revision hip and knee replacements.

A graduate of the University of Georgia, Dr. Bunn received an undergraduate degree in exercise and sport science. He went on

to receive a Masters in sports medicine from the University of North Carolina at Chapel Hill and then received his medical degree from the University of North Carolina School of Medicine. Dr. Bunn completed his orthopedic surgical residency training at University of North Carolina Hospitals (UNC Hospitals) in Chapel Hill, North Carolina. During his residency training, Dr. Bunn received the Resident Teaching Award, a prestigious honor based on his extensive knowledge of musculoskeletal conditions. After his residency training, he then went on to complete a fellowship in Adult Reconstructive Surgery at Houston Methodist Hospital in Houston, Texas.

"Mobility is one of the greatest gifts we have," Dr. Bunn explained. "Helping my patients overcome an orthopedic injury or better manage a chronic condition such as arthritis is extremely rewarding. I want my patients to reach a better quality of life," stated Dr. Bunn.

Dr. Bunn is looking forward to enjoying all our region has to offer.



## Celebrating Success

The Joint Replacement Center at CMC is celebrating the success of more than 2,400 of our patients who have had joint replacement surgery at CMC and are now on the road to better health with increased mobility. ***CMC is bringing better health to life.***

## The Joint Replacement Center



Conway Medical Center

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