

Joint Replacement Center

Designated as a
Blue Distinction® Center
for Knee and Hip Replacement

 South Carolina
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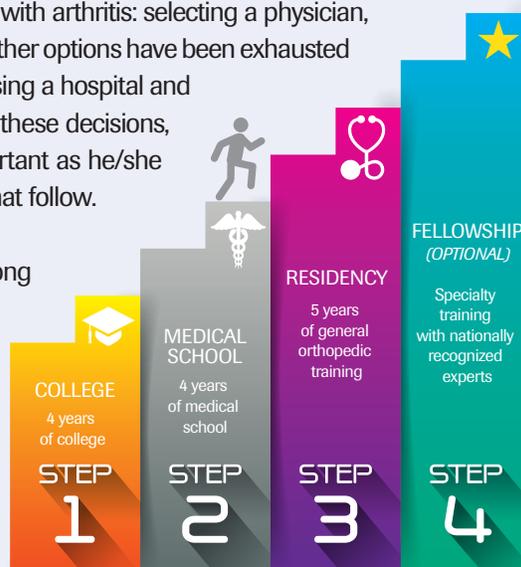
Post-Residency Fellowship Training: *Making a Difference in Joint Replacement*

There are many decisions made when one is living with arthritis: selecting a physician, researching various treatments, deciding when all other options have been exhausted and it's time to consider surgery; then comes choosing a hospital and deciding where to go for therapy afterwards. Of all these decisions, perhaps selecting an orthopedist is the most important as he/she will be your guide for most of the other decisions that follow.

The road to becoming an orthopedic surgeon is a long and extremely competitive one since orthopedic surgery is one of the most competitive fields in medicine. The process takes 13 years: 4 years of college, typically with a major in Biology or Chemistry, 4 years of medical school, and 5 years of residency.

During residency, the focus is on general orthopedic training – mastering surgical skills across a wide range of diagnoses and procedures. Once residency is completed, a surgeon may choose to go into practice as a general orthopedic surgeon.

Following residency, our two Joint Replacement Program surgeons, Dr. Peter Ramsey and Dr. Todd Tupis, both accepted prestigious, year-long positions in specialty fellowship programs in Adult Reconstruction (joint replacement) and Sports Medicine. During this additional year, they trained with nationally recognized experts – specifically focusing on the latest surgical techniques and recovery processes for patients with joint replacement. Many fellowships also have a research component, giving the surgeon a keen appreciation for most current literature and trends in the field. According to Dr. Preston Strosnider, VP of Medical Affairs at Conway Medical Center, “The knowledge and experience a surgeon gains in a fellowship is invaluable. They’re learning from the best of the best. And, after they have completed their fellowship, they bring their tremendous skill and insight to our community”.



Ask the Expert Seminars

Join us for an upcoming seminar on the latest advances in joint replacement including the anterior approach to hip replacement, total and reverse shoulder replacement, and new pain management protocols after knee replacement. Fellowship trained surgeons will discuss treatment options as well as answer any questions you might have.

Arthritis & the Latest Advances in Joint Replacement

Presented by Dr. Tupis
Wednesday, June 18
12:00 Noon

Presented by Dr. Ramsey
Thursday, July 17
12:00 Noon

Registration is required. Please call 347.8108 to register or obtain more information.

For more information about the Joint Replacement Center at CMC, please visit us at www.conwaymedicalcenter.com or call our Director at 843.234.6834.

Leading the Way

Two Surgeons – One Unified Approach

At CMC Joint Replacement Center, our two fellowship trained surgeons work together to bring a unified approach to the outstanding care our patients receive. They continually search out new ‘best practices’ in the field of joint replacement and discuss with each other how best to implement new processes. Their work with the rest of the joint replacement care team fosters open dialogue and learning. “We’re so lucky to have two surgeons who work so well with each other and with the rest of the team”, says Linda Johnson, Director of Surgical Nursing. “They always welcome questions from the nurses and therapists, which in turn makes the team comfortable going to them for guidance. I’m sure this supportive relationship helps make our outcomes so good!”

CMC Joint Replacement Center Receives Healthgrades Five-Star Recognition



CMC Joint Replacement Center received 5 stars for the quality of its Total Hip Replacement and Total Knee Replacement care from Healthgrades, the leading online resource that helps consumers search, compare and connect with physicians and hospitals. This achievement is part of new findings released in **American Hospital Quality Outcomes 2014: Healthgrades Report to the**

Nation, which evaluates hospital performance at over 4,500 hospitals nationwide for 31 of the most common inpatient procedures and conditions.

“As American policy-makers focus more intently on ways to lower healthcare costs and improve quality, patients are being asked to assume more responsibility for their healthcare decisions – from selection of their health plan to the associated network of physicians and hospitals,” said Evan Marks, EVP, Strategy and Informatics, Healthgrades. “Since all hospitals do not perform equally in all procedures, patients can have confidence that by selecting a physician associated with a hospital with 5-star performance, for a specific procedure or condition, they can potentially improve outcomes and reduce costs.”

More information on the **American Hospital Quality Outcomes 2014: Healthgrades Report to the Nation**, including the complete methodology, can be found at www.healthgrades.com/quality.

Team Spotlight

Denise Johnson, RN (left)
Stacie Anderson, RN (right)



A thorough review of a patient’s health status prior to surgery is extremely important to ensure “smooth sailing” on surgery day and CMC pre-admission nurses Denise Johnson, RN and Stacie Anderson, RN help patients “sail the high seas”. Denise joined CMC 28 years ago as an LPN and her interest in nursing compelled her to get a Bachelor’s degree in nursing. She’s worked in PAT for 21 years. Stacie Anderson, RN joined CMC in 2000 and moved to one-day surgery in 2006 where she also provided coverage in PAT. In 2009, Stacie became full-time in PAT.

Both said they enjoy the interaction with all of the patients they see. “It warms my heart to hear how joint replacement surgery has changed their lives,” said Johnson. Smooth sailing, while sailing the “high seas of life,” is what PAT is all about!

Path to Wellness

CMC Wellness & Fitness Center’s Joint Replacement post-rehab exercise program, Path to Wellness, is designed to help patients return to an active lifestyle. All exercise programs are personalized to meet patients’ specific needs. Each membership includes an individualized exercise plan created by your Physical Therapist, an initial assessment provided by a Fitness professional, and additional member benefits at the CMC Wellness Center. For more information, please call **843.347.8066**.



The Joint Replacement Center

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