Knee or Hip Pain?

When getting in and out of a car, climbing stairs, playing golf, or just squatting down to pick up an item become painful, it may be time for a complete orthopedic evaluation. Chronic hip and knee pain can be signs of disease or the result of trauma, and often over time can become debilitating. At the Joint Replacement Center at Conway Medical Center, we have a comprehensive team in place to help our patients who need knee or hip replacements.

About Our Program

What sets our program apart is our experienced Joint Replacement team. Our team uses an interdisciplinary approach to patient care and follows a clinical pathway, which follows stringent standards for high levels of patient satisfaction and low rates of complications and readmissions. Our team of skilled professionals include orthopedic surgeons, anesthesiologists, nurse anesthetists, specially-trained nurses, physical and occupational therapists and case managers—all working together to develop and implement treatment plans for each patient. They will be with you every step of the way so you will know what to expect before, during, and after surgery.

What Is Joint Replacement?

Joint replacement surgery is removing a damaged joint and putting in a new one. A joint is where two or more bones come together, like the knee, hip, and shoulder. The surgery is done by a doctor called an orthopaedic (pronounced or-tho-PEE-dik) surgeon. Sometimes, the surgeon will not remove the whole joint, but will only replace or fix the damaged parts.

The doctor may suggest a joint replacement to improve how you live. Replacing a joint can relieve pain and help you move and feel better. Hips and knees are replaced most often. Other joints that can be replaced include the shoulders, fingers, ankles, and elbows.

At Conway Medical Center, our knee replacement surgery options include: Total Knee Replacement; Partial Knee Replacement; or Total Knee Replacement Revision. Our hip replacement surgery options include: Total Hip Replacement; Hip Resurfacing or Total Hip Replacement Revision.

These surgery options will be thoroughly reviewed at our free informational seminar, in addition to risks associated with these types of surgeries, planning ahead for your surgery, recovery and rehabilitation.

Surgery at The Joint Replacement Center

At Conway Medical Center, our joint replacement patients benefit from state-of-the-art surgical experiences. Our focus is on patient safety and positive clinical outcomes. From the smallest of details to amenities and comforts for families, our team takes extra steps to exceed our patients expectations. Our new Patient Tower provides an excellent healing environment with large patient rooms, solariums, and a family-friendly setting. Using revolutionary nursing models of care, each patient benefits from our unique nursing unit design and services. We also have our patients enlist a “coach” to be with them every part of the way - from the initial pre-operative education program to our ongoing educational seminars and support groups. Patients appreciate our strong educational components, easy access to our nursing and rehabilitation team, and positive communication circle which is designed to keep patients informed and knowledgeable.

Post Surgery

One of our most important goals for you after surgery is to regain muscle control. Studies have shown that the sooner a patient begins to use their new knee or hip, the better their overall recovery will be. Because you have experienced many months of pain and decreased mobility, your muscles may not be in the best condition. Your Joint Replacement team will teach you strengthening exercises to practice before your surgery. After your surgery, you will begin a comprehensive therapy program. This program will begin as early as the afternoon of your surgery. Initially, these exercises may cause some discomfort but this will ease with repetition. On your discharge day, you should be able to dress yourself, get in and out of bed, be comfortable with your adaptive equipment including your walker or crutches, manage your pain and do your home exercise therapy program efficiently. And the care provided by our Joint Replacement team does not end when our patients go home. We monitor our patients’ recovery and offer ongoing educational seminars as well as a support group. This “connectedness” helps ensure excellent outcomes in the months following surgery.